



The Golden Goal Scoring Course



Exclusively designed by John DeBenedictis: Author of the best selling book, *The Last 9 Seconds: The Secrets to Scoring Goals on the Last Touch*.

John, the founder of The Golden Goal Scoring (GGS) Course will instruct the course. In 2013 he was a guest speaker to a standing room only crowd of over 500 coaches at the National Soccer Coaches Association of America's (NSCAA) coaching convention in Indianapolis. He tutored Jeff Cunningham after his disastrous stint with Toronto FC and helped him regain his form to win the MLS scoring title the following season with FC Dallas. He has conducted his course to players and coaches in Edmonton, Montreal, Ottawa, Santa Clara California, Charlotte NC, Toronto, Frederick Maryland, Pickering, Sarnia, Caledon, Kansas City, and in Baltimore. An exclusive group of about 380 players have taken this course to date. Most of his students show phenomenal improvement immediately after taking the course. The skills they will learn will last them for the rest of their careers.

Numerous records have been broken by former Golden Goal Scoring students and many players have gone on to play for their National teams or at the professional level. Players who improve due to the course get their own slide on the GGS website. www.thegoldengoalscoringcourse.com

At This Course You Will Learn - Just One More Goal Can Change Your Career How To:

- Get more Accuracy in your Shot
- Get more Power in you shot when you need it!
- Tap the Power of the Mind and the Body
- Predict where the ball will go
- Read the game around the goal
- Get more Goal Scoring chances in a game
- Improve your overall game

• SCORE MORE GOALS IN THE CHANCES YOU GET

- John's Golden Goal Scoring Course provides players with specific striker drills and exercises to help them improve their goal scoring efficiency rate and leaves them with some exercises that will help them train on their own to score more goals.
- The Golden Goal Scoring Course will comprise of six sessions, three of which take place in the classroom and three of which will take place on the field.
- John will reveal some POWERFUL INFORMATION that involves training the mind specific to scoring goals
- John will work on perfecting a player's goal scoring techniques.

This course will give players some insight into what some of the best goal scorers and players in the world do instinctively

Part # 1 – Lecture Session

Preparing to Score More Goals

Session # 1 will provide players with the tools they will need in order to become a better goal scorer.

Points covered:

- How to train the mind to score more goals
- Learning about Visualization as it pertains to scoring goals
- How to prepare before each game to score more goals.
- Learn skills that will help players deal with stress and pressure that will apply to life.

Part #1– Field Session

Perfecting the technical and mental skills needed to score

- Players will take all the information from the lectures and learn how to apply them on the field in training and in games.
- Skill mastery both technically but also with the mind will be the focus of the field sessions.

Part # 2 – Lecture Session

How to Score More Goals

In Part # 2 players will learn how to take the information from Part # 1 and apply it to their game. The Skills needed to score goals will be analyzed in more depth.

Points covered:

- How to avoid and correct the 2 most common mistakes players make when faced with a goal scoring opportunity
- How to score on half chances
- Understanding defenders
- How successful players find ways to score goals from different situations and from different areas of the field

Part # 2 – Field Session

Refining the Techniques Needed to Score

- How to shoot with more accuracy
- How to shoot with more power
- What top three moves players need to master to get the most scoring chances
- Scoring off crosses

Part # 3 – Lecture Session

Beating the Goalkeeper and Defenders

Part #3 covers::

- How to beat defenders more consistently.
- How to study defenders and goalkeepers and learn what they are attempting to do in order to stop players from scoring on them.
- How to beat defenders to the ball.
- Scoring from Set Plays
- How to know what the goalkeeper is doing before they do it.

Part 3 – Field Session

Summary and Practice Tips to Score More Goals

- In Part #3, players will learn how to practice scoring all the time.
- Players will learn to blend skill and technique and make more correct decisions on the field that will help them score more goals.
- The most important Mall Mastery moves when it comes to scoring goals will be perfected.

SESSION DATES, TIMES, AND LOCATIONS

Please Note:

- Each lecture session will be 3-4 hours in length. Each field session will be 2 ½ - 3 hours in length. (Lunch breaks and Breaks are provided)
- Classroom sessions and field sessions will take place in Caledon (just North of Brampton).
- Parents will be allowed to join the students in the classroom and on the field at no extra charge.
- Players MUST be a minimum of 13 years of age.
- Since the goal-scoring course is conducted in a one-on-one format, males and female players of different ages will be able to participate together.
- There will be a limited number of spaces available.
- Players will be provided on-line follow-up sessions at no extra charge. The student will be able to contact the instructor with one-on-one consultation to help him or her with their game at any time after the course.

Part # 1

Friday May 22, 2026	6:00 pm – 9:45 pm	Lecture Session	– Classroom
Saturday May 23, 2026	8:30 am -11:00 am	Field Session	– Field

Part # 2

Saturday May 23, 2026	11:00 am – 2:00 pm	Lecture Session	– Classroom
Saturday May 23, 2026	2:00pm - 4:00 pm	Field Session	– Field

Part # 3

Sunday May 24, 2026	9:00am -11:30 am	Field Session	– Field
Sunday May 24, 2026	11:30am- 3:30 pm	Lecture Session	– Classroom

REGISTRATION

Golden GOAL SCORING Course

Golden Goal Scoring Course

Location

BRAMPTON, Ontario
Exact location TBA

Course Price - \$395

Note: Course is for players
14 years of age and up.

Contact Golden Goal Scoring for
Team Discounts

Name: _____

Address: _____

City: _____

Postal Code: _____

Parent Name: _____

Phone (Cell): _____

Email (Parent): _____

Date of Birth: _____

Special Preferences and Health
Concerns

Learn the secrets
to scoring **goals.**

Outsmart
Outwit
Outscore
your opponents!



Mail or email Registration Form
with cheque or e-transfer to
John DeBenedictis
goldengoalscoring@rogers.com
OR

Pay on-line by visiting the
shopping cart at the Golden
Goal Scoring website

<https://www.thegoldengoalscoringcourse.com/>

Ask for a special price if more than
3 players wish to attend from one
team or to bring the course to your
preferred location.

Mail to John DeBenedictis
725 Renforth Drive,
Etobicoke, Ont
M9C 2N7

Or you can hand the form and cheque to
Valerio Rocca. (Cheque should be made out
to John DeBenedictis)

Contact: 416-878-3007

When registering on-line, select Pick Up to
avoid shipping charges that should not be
charged.

